

Back On Top Book helps divorcées navigate dating world

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“I happen to have a really great divorce,” says Jewish Atlantan and author Ginger

Emas. Her new book, *Back on Top: Fearless Dating After Divorce*, gives readers who may be



Ginger Emas

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Fearless Dating After Divorce

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Ginger Emas

hesitant about entering the dating world again some fun insight and advice on navigating the dating scene the second time around.

“My ex-husband is currently one of my best friends. He’s a great partner and husband,” said Emas, adding that her family and friends have been accepting of her getting back out there.

“When I started dating again it was with an open mind and an open heart,” she said. “As I got out into the dating world after having been married for over a decade, I realized a lot of rules had changed. My girlfriends told me I ought to write my experiences down. In two years I went on 87 first dates.”

So Emas decided to put her new-found rules in a humorous dating guide. “I’m a writer by trade and I love connecting with women and having them laugh at my expense,” she said.

According to publicity material, *Back on Top* gives readers the scoop on:

1. How to make your own “manfile,” so you’ll know what you’re looking for and won’t repeat mistakes from the past.
2. What men and women really look for in a date.
3. What’s a cougar, and do they really have more fun?
4. What to wear on that all-important first date.
5. When and how to tell your kids – and your ex – that you’re dating.
6. Everything you need to know about online and real-world dating safety.
7. What is a sensual goddess, and where do you find yours?

8. How to say “no” and mean it, and more importantly, how to hear “no” without falling apart.

Today Emas has a serious boyfriend that her 13-year-old son really likes. “He’s at that age where he’s interested,” she explained, but adds that she was careful to make sure she was in a committed relationship before bringing her son in on it. And, perhaps most importantly, “I never dated on his time.”

As for her boyfriend? “He’s 13 years younger than me. I’m a cougar!” she exclaimed. “I’ve always dated younger men.”

Emas has also conducted dating workshops, and plans to hold more in the future.

“The joyful part is just connecting with other women,” she said. “Everyone can come and share their feelings. When you first get divorced, you may not have a lot of divorced friends. You’re lucky to have girlfriends, and this is a good way to meet each other.”

Book Release Party
May 13
7 to 9 p.m.
Café Intermezzo
4505 Ashford
Dunwoody Road
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